

# Psalm 39

- Introduction – dealing with emotions, v1-3
- The **problem** – life is short and what's the point of it?
  - V5 'a breath'
  - V6 'phantom'
  - V11 'a breath'
- The **cause** of the problem, 8-11, we have worshipped other things, and in so doing we have violated the terms of the covenant,
- Is there a **solution?**, v7, v12f, 'Look away...'
- Application, an on-going problem
  - Warning 'A Psalm of David'
  - Encouragement 'musing' or 'meditating'